

# Program Outline At-A-Glance

## Survival 101: Lesson Plan

Important Highlights of the Program

### 1 OPENING VIDEO/ INTRODUCTION

5 minutes  
OR LESS

**Activity:** Play 911 call and corresponding video. Begin with death notice and introduction.

**Goal:** To grab students' attention with the opening video and to introduce yourself and establish authority through personal experience involving teenage crashes.

**Timeline:** 5 minutes or less

### 2 MESSAGES

5 minutes  
OR LESS

**Activity:** Review the main messages from the program.

**Goal:** To highlight the five take away messages for students, in hopes that they will keep this material in mind throughout the rest of the program and beyond.

- Keep your eyes on the road
- Use extra caution when driving with friends
- Never drive under the influence of anything
- Pull over if you're tired
- Click It or Ticket – Seat Belts Save Lives

**Timeline:** 5 minutes or less

### 3 CRASH CHARACTERISTICS

10 minutes  
OR LESS

**Activity:** Name and explain contributing crash characteristics.

**Goal:** To enlighten students, using statistics and personal stories, about how often the listed crash characteristics can lead to serious and/or fatal crashes involving teenagers.

- Distracted Driving
- Driver Error/Inexperience
- Impaired Driving
- Fatigued Driving
- Unbelted Driving

**Timeline:** 10 minutes or less

### 4 CRASH DYNAMICS AND FATAL CRASHES

15 minutes  
OR LESS

**Activity:** Break down a crash into three separate collisions, using examples of fatal crashes.

**Goal:** To go into detail, using statistics, photos and personal stories, about how and why people are killed and injured in traffic crashes.

- Outside the vehicle
- Inside the vehicle
- Inside the body

**Timeline:** 15 minutes or less

### 5 CONCLUSION

5 minutes  
OR LESS

**Activity:** Allow time for students to ask questions.

**Goal:** To generate interest and personalize the safety message for students.

**Timeline:** 5 minutes or less

### 6 CLOSING VIDEO

**Activity:** Wrap up the presentation and show the Simple Plan music video.

**Goal:** To end the presentation on an emotional, somber note.

**Timeline:** Time remaining

# SURVIVAL 101

## A Student's Guide to Staying Alive



drive safe PA



This curriculum is a cooperative effort among the Pennsylvania Department of Transportation, The National Highway Traffic Safety Administration, Insurance Institute for Highway Safety, The Schuylkill County Commissioners, District Attorney for Schuylkill County, Northumberland County Coroner, the North Central Highway Safety Network, Ringgold High School, Minersville High School, Schuylkill County 911 Center and Buckle Up Pennsylvania.

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